

NORTH DAKOTA CLASS "B" REGION VI GIRLS MEET RECORDS

<u>EVENT</u>	<u>HOLDER</u>	<u>SCHOOL</u>	<u>RECORD</u>	<u>YEAR</u>
100 METER DASH.....	Amanda Bergstad.....	Velva	12.2	1993
	Kelsey Aide	Bottineau		2006
200 METER DASH.....	Kelsey Aide.....	Bottineau	25.3	2005
400 METER DASH.....	Stephanie Vangsnes	Rugby.....	58.6	1998
800 METER RUN	Rachelle Duerre	Mohall/Sherwood	2:20.9	2003
1600 METER RUN	Rachelle Duerre	Mohall/Sherwood	5:21.7	2003
3200 METER RUN	Michelle Vetter	Garrison.....	11:07.0	1983
100 METER HURDLES	Ashley Salwey	Rugby.....	14.8	2009
300 METER HURDLES	Crystal Hovland	Rugby.....	45.98	2011
SHOT PUT	Kayla Roemmich	Bottineau	43'4"	2007
DISCUS	Sara Neubauer.....	Bottineau	142'9"	2006
JAVELIN (Rubber Tipped-New Rules)	Sara Neubauer.....	Bottineau	142'10"	2006
HIGH JUMP	Dana Feland	Sherwood.....	5'6"	1987
LONG JUMP	Vanessa Friestad	Rugby.....	18'4"	2008
TRIPLE JUMP.....	Sarah Fegley	Minot Ryan	38'8"	2007
POLE VAULT.....	Kelsey Aide.....	Bottineau	12'0"	2006
4 x 100 METER RELAY	Jen Johnson.....	Surrey.....	50.8	2001
	Brannigan Coyle			
	Katie Greene			
	Christina Kraft			
4 x 200 METER RELAY	Schwope.....	Berthold-Carpio.....	1:47.6	1988
	Rademacher			
	Graff			
	Satterland			
4 x 400 METER RELAY	Cassie Hagel	Rugby.....	4:10.7	1998
	Jennifer Black			
	Brandilyn Gronvold			
	Stephanie Vangsnes			
4 x 800 METER RELAY	Adrian Titus	Mohall/Sherwood	10:05.9	2000
	Rachelle Duerre			
	Lana Bowers			
	Leah Armstrong			